

# Recess Self-Assessment 2014-2015

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Room #: \_\_\_\_\_ Specials: \_\_\_\_\_

## Assessment Rubric for Recess in Physical Education

1 point	2 points	3 points
<ul style="list-style-type: none"> <li>I <b>did not</b> do any exercise* during recess.</li> <li>I <b>did not</b> follow the Boone 5**.</li> </ul>	<ul style="list-style-type: none"> <li>I exercised* for <b>less</b> than 50% of the time during recess.</li> <li>I <b>followed</b> the Boone 5** during recess.</li> </ul>	<ul style="list-style-type: none"> <li>I exercised* for <b>more</b> than 50% of the time during recess.</li> <li>I <b>followed</b> the Boone 5** during recess.</li> </ul>

Quarter 1: DUE DATE: Thursday 10/30/2014 by 12pm

9/2	9/3	9/4	9/5	9/8	9/9	9/10	9/11	9/12	9/15	9/16	9/17	9/18	9/19	9/22	9/23	9/24	9/25	9/26	9/29	9/30
10/1	10/2	10/3	10/6	10/7	10/8	10/9	10/10	10/14	10/15	10/16	10/17	10/20	10/21	10/22	10/23	10/24	10/27	10/28	10/29	10/30

Quarter 2: DUE DATE: Friday 1/9/2015 by 12pm

11/3	11/4	11/5	11/6	11/10	11/13	11/14	11/17	11/18	11/19	11/20	11/21	11/24	11/25	12/1	12/2	12/3
12/4	12/5	12/8	12/9	12/10	12/11	12/12	12/15	12/16	12/17	12/18	12/19	1/5	1/6	1/7	1/8	1/9

Quarter 3: DUE DATE: Thursday 3/19/2015 by 12pm

1/12	1/13	1/14	1/15	1/16	1/20	1/21	1/22	1/23	1/26	1/27	1/28	1/29	2/2	2/3	2/4	2/5	2/6	2/9	2/10	2/11	2/12	2/13
2/17	2/18	2/19	2/20	2/23	2/24	2/25	2/26	2/27	3/2	3/3	3/4	3/5	3/6	3/9	3/10	3/11	3/12	3/13	3/16	3/17	3/18	3/19

Quarter 4: DUE DATE: Friday 5/22/2015 by 12pm

3/23	3/24	3/25	3/26	3/27	3/30	3/31	4/1	4/2	4/13	4/14	4/15	4/17	4/20	4/21	4/22	4/23	4/24	4/27
4/28	4/29	4/30	5/1	5/4	5/5	5/6	5/7	5/8	5/11	5/12	5/13	5/14	5/15	5/18	5/19	5/20	5/21	5/22

Quarter 1 Grade	Quarter 2 Grade	Quarter 3 Grade	Quarter 4 Grade

**ASSIGNMENT TURNED IN AFTER THE DUE TIME WILL RECEIVE ZERO POINTS FOR THE QUARTER.**

\* Exercise is any form of movement (e.g., walking, running, tag, basketball, bean bag toss, four square, hula hoops, pushups, etc).

\*\* Be respectful, be responsible, be caring, be safe, be your best. For more details see: [http://pescholars.com/student\\_expectations.htm](http://pescholars.com/student_expectations.htm)

**Note: Students from 4th-8th grade will keep this form in their records for the school year and record their own performance each day. Each quarter the student will turn it in to Mr. Anehall (physical education) for assessment, which will be returned to the student after the score has been logged into the physical education records.**