


Family Life and Comprehensive Sexual Health Education (4-5) Lesson Plan

	Topic: I'm Unique: Sexual Orientation – Part II	Date:
Objectives	<ol style="list-style-type: none"> 1. Students will describe ways they are unique. 2. Students will be able to explain diversity. 	
State Standards	<ul style="list-style-type: none"> • Physical Development and Health <ul style="list-style-type: none"> ○ Goal 23: Understand human body systems and factors that influence growth and development. 	
Content	Diversity.	
Time	Two to three 25-minute sessions	
Materials	Completed "I Care for Myself" student pages (students should have the page they completed). "Genderbread Person" student page (one for each student or overhead slide).	
Learning Activities	<ol style="list-style-type: none"> 1. Reflect, summarize and discuss. <ol style="list-style-type: none"> a. Direct students' attention to the name sheets students completed (which you have posted around the room). Introduce the term <i>diversity</i>, explaining that it means that we are all different. Let's discuss some of the ways that we are unique. <ol style="list-style-type: none"> 1. Provide the definition of Sex: what parts you are born with 2. Provide the definition of Gender: how you see yourself (boy or girl) 3. Provide the definition for Sexual Orientation: the romantic attraction of an individual to someone of the same or different gender. <ol style="list-style-type: none"> a. Use "Genderbread Person" student page to help students understand differences between sex, gender and sexual orientation. 4. Provide the definition of Culture: shared heritage, language, beliefs, customs, and traditions of a group of people <ol style="list-style-type: none"> b. Are there any new ways you see yourself to be unique or diverse? Add them to your "I Care for Myself" picture now. c. Ask if it's good that there is diversity in the class. Why or Why not? 	
Concepts to Convey	<ul style="list-style-type: none"> • Everyone has different qualities and abilities that combine to make her or him a unique human being. • Unique abilities may include physical, social, artistic and emotional strengths. • Each person is unique, although people may share some special qualities. • People who feel good about themselves take care of their health. • We can learn from each other. • We can do group work where each person's special talents are used. 	