


Comprehensive Sexual Health Education (5-8)

	<p style="text-align: center;">Topic: Contraception</p>	<p>Date:</p>
<p>Objectives</p>	<ol style="list-style-type: none"> 1. Students will be able to identify different forms of barrier and hormone contraceptive methods 2. Students will be able to explain the risk and effectiveness rates of contraceptive methods including abstinence 3. Students will be able to define emergency contraception and its use 	
<p>State Standards</p>	<ul style="list-style-type: none"> • Physical Development and Health <ul style="list-style-type: none"> ○ Goals 22: Understand principles of health promotion and the prevention and treatment of illness and injury. ○ Goal 23: Understand human body systems and factors that influence growth and development. ○ Goal 24: Promote and enhance health and well-being through the use of effective communication and decision-making skills 	
<p>Content</p>	<p>Birth Control Pill The Patch Depo Provera IUD Emergency Contraception Nuvaring Abstinence Male Condoms Female Condoms Diaphragms Douche Emergency Contraception RU 486 Mifeprex the Abortion Pill Benefits, Risks and effectiveness rates of contraceptive methods</p>	
<p>Time</p>	<p>2 to 3 45 min sessions</p>	
<p>Web/Other Resources</p>		
<p>Materials</p>	<p>Contraception Powerpoint Contraception Lab handout HIV: Hey, it's Viral Video (Logon to Safari Montage at safari.cps.k12.il.us) Birth Control Comparison Chart IL Consent and Confidentiality Laws Handout</p>	
<p>Learning Activities</p>	<ol style="list-style-type: none"> 1. Teacher will utilize the powerpoint on contraception to provide information on different forms of barrier and hormone methods including abstinence. 2. Explain the importance of the material and how some of us may or may not be ready for the information presented but we all need to have the information for 	

the future.

3. Provide students with contraception lab handout
4. Students will follow along with the powerpoint on contraception to answer the questions on their lab handout
5. During PowerPoint when going over the benefits, risk and effectiveness rates of birth control including abstinence, hand out the Birth Control Comparison Chart as a resource to take with them.
6. Teacher will check in with students to ensure that lab handout is complete and answer any additional questions
7. Optional (7th and 8th grade ONLY per CPS FLC SHE): Student will watch HIV: Hey, it's Viral DVD section for a condom demonstration. Please discuss with your school administration if this optional portion of the lesson will be implemented.