


Comprehensive Sexual Health Education (5-8)

	Topic: HIV/AIDS & STIs	Date:
Objectives	<ol style="list-style-type: none"> 1. Students will become familiar with HIV/AIDS and STIs. 2. Students will learn ways to become infected. 3. Students will learn about the option of abstinence. 	
State Standards	<ul style="list-style-type: none"> • Physical Development and Health <ul style="list-style-type: none"> ○ Goal 22: Understand principles of health promotion and the prevention and treatment of illness and injury. ○ Goal 23: Understand human body systems and factors that influence growth and development. ○ Goal 24: Promote and enhance health and well-being through the use of effective communication and decision-making skills. 	
Content	HIV/AIDS STIs	
Time	Two 45 min session for part 1 and 2	
Web/Other Resources		
Materials	HRM: Understanding HIV/AIDS Video (Logon to Safari Montage to view at safari.cps.k12.il.us) Lesson 4 Fact Sheet Lesson 4 Myth Buster Activity Lesson 4 Myth Buster Answer Key	
Learning Activities	<ol style="list-style-type: none"> 1. Students will watch the HRM: Understanding HIV/AIDS video (18 minutes) 2. Students will refer to fact sheet while watching the video. 3. In small groups, students should work together to complete the myth buster activity. 4. The teacher will review with the class the correct answers for the myth buster activity. 5. Closure: Teacher will summarize what was learned in regards to HIV/AIDS and STIs. 	