


Comprehensive Sexual Health Education (5-8)

	<p>Topic: Human Reproduction and Child bearing</p>	<p>Date:</p>
<p>Objectives</p>	<ol style="list-style-type: none"> 1. Students will become familiar with the male and female reproductive system 2. Students will be able to identify the different parts of the male and female reproductive system 3. Students will become familiar with the different stages of child birth 4. Students will be able to identify symptoms or signs within each stage of child birth 5. Students will be able to define the functions of the different parts of the male and female reproductive system 6. Students will be able to identify prenatal practices 	
<p>State Standards</p>	<ul style="list-style-type: none"> • Physical Development and Health <ul style="list-style-type: none"> ○ Goals 22: Understand principles of health promotion and the prevention and treatment of illness and injury. ○ Goal 23: Understand human body systems and factors that influence growth and development. ○ Goal 24: Promote and enhance health and well-being through the use of effective communication and decision-making skills. • National Standards Pregnancy and Reproduction 	
<p>Content</p>	<p>Male and Female Anatomy Defining Sexual Intercourse Stages of child birth Prenatal Care</p>	
<p>Web/Other Resources</p>		
<p>Materials</p>	<p>HRM: Human Reproduction and Childbirth Video (Found online on Safari Montage – Logon at safari.cps.k12.il.us) Reproductive system power point Labeled Female Reproductive System Diagram Labeled Male Reproductive System Diagram Lesson 1 Matching Activity Lesson 1 Matching Activity Answer Key Chart paper and marker Note cards Prenatal Care Checklist</p>	
<p>Learning Activities</p>	<ol style="list-style-type: none"> 1. Students will watch the HRM: Human Reproduction and Child birth video (24 minutes) 2. Students will refer to the labeled male and female reproductive systems 	

	<p>diagrams while watching the video.</p> <p>3. Video Discussion</p> <ol style="list-style-type: none"> 1. There are many different types of sexual activity. What are those types? <ol style="list-style-type: none"> a. Oral Sex b. Vaginal Sex c. Anal Sex d. Masturbation 2. Which of these activities can lead to pregnancy? Which could lead to an STI and/or HIV? 3. Who can get pregnant? A sperm and egg are needed in order for a person to be pregnant. If a person is not able to get pregnant through vaginal intercourse there are other options for them such as artificial insemination and in-vitro fertilization 4. At what age can a person get pregnant? (when the body starts to produce sperm or eggs) 5. Who can be a parent? (Even if a person cannot reproduce or chooses not to physically have a child they still have the options such as foster care and adoption) <p>4. Using the reproductive system powerpoint, the teacher will review the reproductive system diagrams with students.</p> <p>5. Matching Activity: In small groups students should then work together to complete the matching activity</p> <p>6. Teacher will review with the class the correct answers for the matching activity</p> <p>7. Prenatal Care Activity</p> <ol style="list-style-type: none"> 1. Ask students what does everyone need in order to care of themselves and keep oneself health? 2. Write down responses on chart paper, black board i.e.: Dr. visit, healthy diet, getting enough sleep, having friends, brushing their teeth, exercise, vitamins 3. Ask students if a person gets pregnant what does the parent need and the unborn baby need to be health when born? 4. Write down responses (some answers should be the same even if not Pregnant. 6. Hand out Prenatal Care check list and have students compare their response to the hand out. 7. Discuss similarities and things they did not write down. <p>8. Closure: Teacher will summarize what was learned in regards to the human reproductive systems</p>
Reflection	<p>For the upcoming puberty lesson have students write on the note cards any questions they had in response to this lesson or questions they have about puberty (body changes and development). Note: Using note cards is meant to provide an opportunity for students to remain anonymous and still ask questions that they might have without feeling embarrassed. Transfer questions to chart paper to be able to use with the puberty lesson</p>