


Family Life and Comprehensive Sexual Health Education (4th Grade) Lesson Plan

	Topic: Learning about HIV/AIDS	Date:
Objectives	<ol style="list-style-type: none"> 1. Students will discuss the cause and transmission of HIV infection. 2. Students will identify valid sources for information about HIV infection. 	
State Standards	<ul style="list-style-type: none"> • Physical Development and Health <ul style="list-style-type: none"> ○ Goals 22: Understand principles of health promotion and the prevention and treatment of illness and injury. ○ Goal 23: Understand human body systems and factors that influence growth and development. ○ Goal 24: Promote and enhance health and well-being through the use of effective communication and decision-making skills. 	
Content	Causes of HIV/AIDS and transmission of HIV.	
Time	One or two 35-minute sessions	
Materials	“Facts about HIV” teacher page (make transparency or copy information on board); “What do You Know about HIV?” student page (one for each student)	
Learning Activities	<ol style="list-style-type: none"> 1. Brainstorm ways to prevent disease. <ol style="list-style-type: none"> a. Define the word <i>prevent</i>. Have students brainstorm ways they can prevent themselves from getting diseases and list them on the board. Have students identify actions that really prevent diseases. Draw a circle around these actions. 2. Discuss facts about HIV infection. <ol style="list-style-type: none"> a. Using the “Facts about HIV” teacher page and FLC SHE teacher training materials, conduct a discussion about HIV infection. 3. Students answer questions about HIV infection. <ol style="list-style-type: none"> a. Have students complete “What Do You Know about HIV” student page. b. Ask for volunteers to share their answers. (All statements are <i>true</i>.) 	
Concepts to Convey	<ul style="list-style-type: none"> • Germs can get inside the body through openings in the skin. • Once inside the body, the germs can make a person sick. • Some diseases can be passed from one person to another. • HIV infection is caused by a virus. • HIV is spread by the virus getting inside the body. • HIV must get into the body to cause disease. • HIV infection cannot be cured, but it can be prevented. • HIV infection is hard to get. 	